

## **ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1**

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

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### **PREDICTORS FOR POSITIVE RESPONSE TO HOME KINEMATIC TRAINING IN CHRONIC NECK (779-790)**

1. How long did the intervention for this last, in weeks?
  - A. 3
  - B. 4
  - C. 6
  - D. 8
  
2. How long was the training session, in minutes?
  - A. 10
  - B. 15
  - C. 20
  - D. 25
  
3. How many times per day were individuals to exercise?
  - A. 1
  - B. 2
  - C. 3
  - D. 4
  
4. Which of the following was considered a substantial improvement for VAS for this study, in percent?
  - A. 50
  - B. 60
  - C. 70
  - D. 80
  
5. Which of the following was sufficient evidence of an NDI change, in percent?
  - A. 5
  - B. 6
  - C. 7
  - D. 8
  
6. How many participants met the inclusion criteria at post intervention?
  - A. 52
  - B. 67
  - C. 79
  - D. 85

PRINT NAME: \_\_\_\_\_

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I attest that I have read the articles and answered the test questions for this issue 10/20.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

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