

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

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CHRONIC NECK PAIN AND OCULOMOTOR PERFORMANCE (P. 119-128)

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| <p>1. What percent of the U.S. population has cervical spine pain?</p> <p>A. 25 – 45</p> <p>B. 30 – 50</p> <p>C. 35 – 55</p> <p>D. 40 – 60</p> <p>2. How many muscle spindles per gram of muscle are located in the suboccipital region?</p> <p>A. 100</p> <p>B. 150</p> <p>C. 200</p> <p>D. 250</p> <p>3. Which of the following muscle has been associated with hyperactivity during activities in the proximal visual field?</p> <p>A. Trapezius</p> <p>B. SCM</p> <p>C. Splenius capitis</p> <p>D. Splenius cervicis</p> | <p>4. How many neck pain days did the symptomatic group have for the last 3 months?</p> <p>A. 7</p> <p>B. 10</p> <p>C. 15</p> <p>D. 20</p> <p>5. What was the NDI score for the symptomatic group, in percent?</p> <p>A. 7</p> <p>B. 8</p> <p>C. 9</p> <p>D. 10 or more</p> <p>6. What was the neck rotation ROM required to both right and left for both groups, in degrees?</p> <p>A. 25</p> <p>B. 35</p> <p>C. 45</p> <p>D. 60</p> |
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I attest that I have read the articles and answered the test questions for this issue 01-06/2025 E

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