

## ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

*Journal of Manipulative and Physiological Therapeutics, January-June 2025 C*

### BRAIN CHANGES IN WOMEN WITH FIBROMYALGIA

(P. 27-36)

- |   |   |
|---|---|
| <p>1. What is the prevalence of fibromyalgia in the U.S., in percent?</p> <p>A. 1.25</p> <p>B. 1.50</p> <p>C. 1.75</p> <p>D. 1.82</p> <p>2. What was the average alexithymia score of individuals with FM, surpassing controls and other pain conditions in percent?</p> <p>A. 38</p> <p>B. 48</p> <p>C. 58</p> <p>D. 68</p> <p>3. How many FM females were included in this study?</p> <p>A. 22</p> <p>B. 33</p> <p>C. 44</p> <p>D. 55</p> | <p>4. Which of the following was an inclusion factor for the FM group?</p> <p>A. Right handedness</p> <p>B. Pacemaker</p> <p>C. Opioid use</p> <p>D. Cardiovascular disorder</p> <p>5. Which of the following showed cortical thinning of the right cerebral hemisphere?</p> <p>A. Precentral gyrus</p> <p>B. Postcentral gyrus</p> <p>C. Insula anterior cortex</p> <p>D. Entorhinal</p> <p>6. Which of the following psychiatric assessments showed no difference from FM to HC?</p> <p>A. Depression</p> <p>B. Anxiety</p> <p>C. Suppression</p> <p>D. Reappraisal</p> |
|---|---|

PRINT NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

I attest that I have read the articles and answered the test questions for this issue 01-06/2025 C

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**To receive credit, mail this page with a self-addressed stamped envelope and a check, when fee\* is applicable to:**

ILLINOIS CHIROPRACTIC SOCIETY  
P O BOX 9448  
SPRINGFIELD, IL 62791

**ICS SPONSOR VALIDATION OF ONE CME CREDIT CATEGORY 1:**

—

DATE \_\_\_\_\_

**KEEP THIS FORM FOR YOUR RECORDS**

**\*10 ICS General and Associate Members in good standing, \$40.00 Non-Members**

The Illinois Chiropractic Society's Continuing Medical Education Committee will approve this educational activity for one category 1 credit hour with the following disclaimer:

"Illinois Chiropractic Society sanctioning of any Continuing Medical Education activity is in accordance with applicable rules of the Illinois Department of Financial and Professional Regulation. The Illinois Chiropractic Society makes no representation, either directly or indirectly, that the substantive matter being presented is within the scope of chiropractic licensing in every jurisdiction. The questions and answers are based solely on the articles as published, and neither the ICS nor their contractors, officers, or personnel investigate, endorse or approve any statement of fact or opinion, which are solely the responsibility of the authors and sources of information."