

**ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1**

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

*Journal of Manipulative and Physiological Therapeutics, June-December 2023 C*

**LOW BACK PAIN IN AFRICA (P. 366-376)**

1. What is the pooled annual prevalence of LBP in Africa, in percent?

- A. 39
- B. 47
- C. 57
- D. 69

2. What percent of studies were conducted in South Africa?

- A. 27
- B. 36
- C. 47
- D. 53

3. What percent of individuals in Southeastern Nigeria visited a traditional health facility?

- A. 19
- B. 27
- C. 35
- D. 54.7

4. How many patients received manual therapy/mobilization in the cross-sectional survey by Major-Helsloot?

- A. 3
- B. 9
- C. 15
- D. 27

5. What percent of physiotherapists recommended TENs for NSLBP per the survey by Ayanniyi?

- A. 18.9
- B. 32.6
- C. 48
- D. 52

6. What percent of chiropractic respondents reported using evidence-based practice guidelines?

- A. 63
- B. 75
- C. 77
- D. 81

PRINT NAME: \_\_\_\_\_

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I attest that I have read the articles and answered the test questions for this issue 6-12/2023 C

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**To receive credit, mail this page with a self-addressed stamped envelope and a check, when fee\* is applicable to:**

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**KEEP THIS FORM FOR YOUR RECORDS**

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