

**ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1**

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

*Journal of Manipulative and Physiological Therapeutics, June-December 2023 B*

**MANAGEMENT OF DISCOGENIC LUMBOSACRAL RADICULAR SYNDROME (P. 346-356)**

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| <p>1. What is the prevalence for LS radicular syndrome in the general population, in percent?</p> <p>A. 3 – 5</p> <p>B. 4 – 6</p> <p>C. 5 – 7</p> <p>D. &gt;8</p> <p>2. What is the peak age for LSRS, in years?</p> <p>A. 40 – 52</p> <p>B. 45 – 64</p> <p>C. 48 – 66</p> <p>D. 55 – 70</p> <p>3. Which of the following found no evidence that SMT is superior to other standard treatments with acute or chronic LBP?</p> <p>A. Stochkendahl</p> <p>B. NICE</p> <p>C. Leininger</p> <p>D. Assendelft</p> | <p>4. Which of the following interventions was included in the RCTs?</p> <p>A. Massage</p> <p>B. Joint mobilization</p> <p>C. HVLAT</p> <p>D. Exercise</p> <p>5. How many studies met the inclusion criteria and were included in this systematic review?</p> <p>A. 3</p> <p>B. 5</p> <p>C. 7</p> <p>D. 9</p> <p>6. Which of the following studies found differences in favor of HVLATs for, LBP, LLP, and disability?</p> <p>A. Santilli</p> <p>B. Danazumi</p> <p>C. Ghasabmahaleh</p> <p>D. None of the above</p> |
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I attest that I have read the articles and answered the test questions for this issue 6-12/2023 B

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