ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue. *Journal of Manipulative and Physiological Therapeutics*, March-April 2023 B

SHORT-TERM EFFECTS OF MANUAL THERAPY ON BALANCE (P. 162-170)					
1.	How many sessions of manual therapy to the ankle benefited people with ankle instability?		4.	What percent of the participants were women?	
	A.	2		A.	42.75
	В.	4		В.	49.50
	C.	6		C.	50.50
	D.	8		D.	68.50
2.	What numerical score on the VAS excluded participants?		5.	Which of the following regions were most frequently reported as injured by university level athletes?	
	A.	1		A.	Neck and shoulder
	В.	2.		В.	Elbow and wrist
	C.	3		C.	Knee and ankle
	D.	4		D.	Hip and knee
3.	How long was the bipedal stance rest between the SEBT assessments, in seconds?6.		6.	What percent of participants maintained improvement after one week of treatment?	
	Α.	10		Α.	24
	В.	15		В.	26
	C.	20		C.	28
	D.	25		D.	30
PRINT NAME:					
ADDRESS:					
CITY/STATE/ZIP:					
I attest that I have read the articles and answered the test questions for this issue 3-4/2023 B					
SIGNATURE: DATE:					
ILLINOIS CHIROPRACTIC SOCIETY P O BOX 9448 SPRINGFIELD, IL 62791 ICS SPONSOR VALIDATION OF ONE CME CREDIT CATEGORY 1:					
DATE					
KEEP THIS FORM FOR YOUR RECORDS *10 ICS General and Associate Members in good standing, \$40.00 Non-Members					

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