

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

Journal of Manipulative and Physiological Therapeutics, January 2023

WESTERN MASSAGE FOR NECK PAIN (P. 37-51)

1. Which of the following is the basis for Eastern massage therapy?
 - A. Anatomy
 - B. Physiology
 - C. Energy flow
 - D. Pathology
2. How many points on the Downs & Black scale are for a grade of "fair"?
 - A. <14
 - B. 14 – 18
 - C. 16 – 20
 - D. 24 – 28
3. How many articles were included in this qualitative analysis?
 - A. 8
 - B. 16
 - C. 29
 - D. 61
4. Which of the following was superior in increasing muscle relaxation response?
 - A. CM
 - B. CTM
 - C. KT
 - D. DFM
5. Which of the following was found superior for decreasing disability and increasing QoL?
 - A. CTM
 - B. DFM
 - C. MRT
 - D. KT
6. How many studies blinded the assessor for the main outcome?
 - A. 2
 - B. 4
 - C. 6
 - D. 8

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I attest that I have read the articles and answered the test questions for this issue 01/2023

SIGNATURE: _____ DATE: _____

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