

**ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1**

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

**Illinois Practice Edge, May 25, 2023**

**IMPACT OF BACK PAIN IN THE WORKPLACE**

- 1. How much will employee healthcare increase, in percent in 2023?
  - A. 3
  - B. 4.5
  - C. 6.5
  - D. 8
  
- 2. Which of the following were more likely to experience back pain, according to the National Health Interview Survey?
  - A. Men
  - B. Women
  - C. Equivalent
  - D. None of the above
  
- 3. What percent of manual material handling workers suggest a one-year back pain prevalence requiring time away from work, per surveys?
  - A. 10
  - B. 14
  - C. 20
  - D. 25

- 4. What percent of acute back pain individuals transition to a chronic problem for more than six months?
  - A. 5
  - B. 10
  - C. 15
  - D. 20
  
- 5. Which of the following is the most common place to work from home for young adults?
  - A. Couch
  - B. Kitchen table
  - C. Bed
  - D. Recliner
  
- 6. What percent of people overpronate when walking or running?
  - A. 44
  - B. 55
  - C. 66
  - D. 77

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I attest that I have read the articles and answered the test questions for this issue 5/25/2023.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

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