

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

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Illinois Practice Edge, May 25, 2023

IMPACT OF BACK PAIN IN THE WORKPLACE

1. How much will employee healthcare increase, in percent in 2023?
 - A. 3
 - B. 4.5
 - C. 6.5
 - D. 8
2. Which of the following were more likely to experience back pain, according to the National Health Interview Survey?
 - A. Men
 - B. Women
 - C. Equivalent
 - D. None of the above
3. What percent of manual material handling workers suggest a one-year back pain prevalence requiring time away from work, per surveys?
 - A. 10
 - B. 14
 - C. 20
 - D. 25

4. What percent of acute back pain individuals transition to a chronic problem for more than six months?
 - A. 5
 - B. 10
 - C. 15
 - D. 20
5. Which of the following is the most common place to work from home for young adults?
 - A. Couch
 - B. Kitchen table
 - C. Bed
 - D. Recliner
6. What percent of people overpronate when walking or running?
 - A. 44
 - B. 55
 - C. 66
 - D. 77

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I attest that I have read the articles and answered the test questions for this issue 5/25/2023.

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