

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

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TONS & IASTM IN MIGRAINE (P. 436 – 447)

- 1. What percent of patients with tension headaches reported neck pain during the headache attack?
 - A. 68
 - B. 76
 - C. 88
 - D. 92

- 2. Which of the following was performed by all participants in this study?
 - A. Home exercises
 - B. IASTM
 - C. TONS
 - D. TENS

- 3. Which of the following muscles was treated with IASTM in the sitting position?
 - A. Trapezius
 - B. Paraspinal
 - C. Levator scapula
 - D. SCM

- 4. Where were the electrodes placed for the participants in the TONS group?
 - A. SCM
 - B. Occipital
 - C. Scapula
 - D. Trapezius

- 5. Which of the following outcomes with high scores indicate a good quality of life?
 - A. HIT-6
 - B. NPS
 - C. SP-36
 - D. PSQI

- 6. Which of the following scores were decreased more rapidly in the IASTM group compared with the control group?
 - A. NPS & HIT-6
 - B. NPS & PSQI
 - C. HIT-6 & SP-36
 - D. SP-36 & PSQI

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I attest that I have read the articles and answered the test questions for this issue 7-8/22.

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