ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

***Journal of Manipulative and Physiological Therapeutics*, January 2022 B**

SMT FORCE and BLOOD BIOMARKERS (P. 20 – 32)

1. Which of the following of macrophages are involved in tissue repair and regeneration?

   A. M1

   B. M2

   C. M3

   D. M4

2. What was the SMT peak force to increase neutrophils and monocytes respiratory burst, per Brennan?

   A. 106N

   B. 240N

   C. 450N

   D. 900N

3. How many groups were the participants divided into?

   A. 2

   B. 3

   C. 4

   D. 5

4. Which of the following levels of the spine was SMT applied, for this study?

   A. C 5 – 6

   B. T 4 – 7

   C. T 6 – 9

   D. L 3 – 5

5. How many blood draws were made per participant?

   A. 3

   B. 4

   C. 5

   D. 6

6. How many proinflammatory cytokines were decreased?

   A. 3

   B. 4

   C. 5

   D. 6

PRINT NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

I attest that I have read the articles and answered the test questions for this issue 01/22 B.

SIGNATURE: _____DATE: _____

To receive credit, mail this page with a self-addressed stamped envelope and a check, when fee* is applicable to:

ILLINOIS CHIROPRACTIC SOCIETY
P O BOX 9448
SPRINGFIELD, IL 62791

ICS SPONSOR VALIDATION OF ONE CME CREDIT CATEGORY 1:

_____ DATE _____

KEEP THIS FORM FOR YOUR RECORDS

***No additional charge for ICS General Members in good standing, $10 ICS Associate Members (retired, out-of-state or full time faculty), $30.00 Non-Members**

The Illinois Chiropractic Society's Continuing Medical Education Committee will approve this educational activity for one category 1 credit hour with the following disclaimer:

> "Illinois Chiropractic Society sanctioning of any Continuing Medical Education activity is in accordance with applicable rules of the Illinois Department of Financial and Professional Regulation. The Illinois Chiropractic Society makes no representation, either directly or indirectly, that the substantive matter being presented is within the scope of chiropractic licensing in every jurisdiction. The questions and answers are based solely on the articles as published, and neither the ICS nor their contractors, officers, or personnel investigate, endorse or approve any statement of fact or opinion, which are solely the responsibility of the authors and sources of information."