

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

Illinois Practice Edge, March 31 & April 21, 2022

MRI APPEARANCE OF ACETABULAR LABRAL TEARS

March 31

1. Which of the following is the best imaging modality for the diagnosis of labral tears?
 - A. CT
 - B. X-ray
 - C. MRI
 - D. US
2. Which of the following imaging views most often shows the tears?
 - A. Anterior
 - B. Posterior
 - C. Lateral
 - D. Coronal
3. Which of the following hip ranges of motion should be limited in activity modification conservative treatment?
 - A. Extension
 - B. Flexion
 - C. Abduction
 - D. Adduction

SUPPLEMENT FOR YOUR MEMORY Apr. 21.

4. How many products were evaluated that targeted brain health?
 - A. 500
 - B. 550
 - C. 600
 - D. 650
5. Which of the following supports synaptic plasticity by protecting synaptic membranes from oxidation?
 - A. Vitamin E
 - B. Vitamin D
 - C. Vitamin B 12
 - D. Vitamin C
6. Which of the following is the optimal level for vitamin D, in ng/ml?
 - A. 30-40
 - B. 50-70
 - C. 60-80
 - D. 80-120

PRINT NAME: _____

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I attest that I have read the articles and answered the test questions for this issue 03/31 & 4/21 /22.

SIGNATURE: _____

DATE: _____

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ICS SPONSOR VALIDATION OF ONE CME CREDIT CATEGORY 1:

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