

ICS CME CREDIT QUIZ: 1 CREDIT HOUR CATEGORY 1

To earn credit, read the CME credit articles and the answer the questions below. Circle your answer and return to the ICS per instructions at the end of the quiz. To earn credit, a minimum score of 70% must be obtained. Each quiz may be submitted only once for credit consideration and must be submitted within one year after the date of issue.

Illinois Practice Edge, February 10 and March 10, 2022

PROTEOLYTIC ENZYMES February

- 1. What year were proteolytic enzyme studies first published in scientific literature?
 - A. 1895
 - B. 1905
 - C. 1945
 - D. 1960

- 2. Which of the following proteolytic enzymes is sourced from fruit?
 - A. Trypsin
 - B. Chymotrypsin
 - C. Pepsin
 - D. Bromelain

- 3. Which of the following proteolytic enzymes was effective, in 10 studies, for reducing osteoarthritis symptoms?
 - A. Pepsin
 - B. Trypsin
 - C. Papain
 - D. Bromelain

LEG LENGTH DISCREPANCY March

- 4. What is the mean inequality for 90% of individuals with LLD, in mm?
 - A. 3.2
 - B. 5.2
 - C. 10.2
 - D. 20

- 5. Which of the following is the global reference standard for LLD by imaging?
 - A. Standing A/P radiography
 - B. Pelvic radiography
 - C. CT scanogram
 - D. MRI

- 6. What is the maximum height, in mm, for internal heel lifts?
 - A. 5
 - B. 7
 - C. 9
 - D. 11

PRINT NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

I attest that I have read the articles and answered the test questions for this issue 02/10 & 3/10/22.

SIGNATURE: _____ DATE: _____

To receive credit, mail this page with a self-addressed stamped envelope and a check, when fee* is applicable to:

ILLINOIS CHIROPRACTIC SOCIETY
P O BOX 9448
SPRINGFIELD, IL 62791
ICS SPONSOR VALIDATION OF ONE CME CREDIT CATEGORY 1:

DATE _____

KEEP THIS FORM FOR YOUR RECORDS

***No additional charge for ICS General Members in good standing, \$10 ICS Associate Members (retired, out-of-state or full time faculty), \$30.00 Non-Members**

The Illinois Chiropractic Society's Continuing Medical Education Committee will approve this educational activity for one category 1 credit hour with the following disclaimer:

"Illinois Chiropractic Society sanctioning of any Continuing Medical Education activity is in accordance with applicable rules of the Illinois Department of Financial and Professional Regulation. The Illinois Chiropractic Society makes no representation, either directly or indirectly, that the substantive matter being presented is within the scope of chiropractic licensing in every jurisdiction. The questions and answers are based solely on the articles as published, and neither the ICS nor their contractors, officers, or personnel investigate, endorse or approve any statement of fact or opinion, which are solely the responsibility of the authors and sources of information."