



ARMY OneSource



ILChiro
Illinois Chiropractic Society

Training Chiropractors on
The Invisible Wounds of War



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A Partnership Between COCSA, Army OneSource and
Army Community Covenant



ARMY OneSource What is Army OneSource ?

Mission Statement:

Standardize the services and delivery of support to Soldiers and their Families regardless of their component or geographical location.

Vision Statement:

The single gateway to credible information, programs, services and opportunities available for the entire Army Family, regardless of user affiliation or location.

Overview:

Originally developed by the Family and Morale, Welfare Recreation Command (FMWRC) to standardize Family programming, the vision was validated by senior Army leadership to the Chief of Staff level and is to include all aspects of support to the Army Family, especially those identified within the Soldier Family Action Plan (SFAP) and the Army Family Covenant.

This is a Secretary of the Army initiative managed by the Family Programs Directorate and divided into two major components: *Program* and *Technology*. Army Soldiers and Family members may access programs and services through three primary ways: 1) traditional brick and mortar establishments on-post, 2) a web-based portal, and 3) through partnerships with local community and government organizations.

To help establish and strengthen the partnerships within local communities, this initiative has placed AOS Community Support Coordinators (CSCs) within 61 locations to date.

The AOS portal - located at www.myarmyonesource.com - compiles important, credible and up-to-date information in a single location for Army Soldiers and Family members to access at any time of day, regardless of component or physical location.

It organizes articles, videos and resources in the following major categories - Family Programs and Services; Healthcare; Soldier and Family Housing; Child, Youth and School Services; Education, Careers and Libraries; Recreation, Travel and BOSS; and, Communities and Marketplace.

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My AOS Page Services Locator

Family Programs and Services Health Care Soldier and Family Housing Child, Youth and School Services Education, Careers and Libraries Recreation, Travel and BOSS Communities and Marketplace Community Support

What makes the **ARMY STRONG?**
Our Investment in **PEOPLE**

SECOND LIFE
Enrich your ARMY experience with Second Life ARMY Edition

ANNOUNCEMENTS
Survey of Army Families
The Survey of Army Families (SAF) is used to assess the effectiveness of FMWRC support. Learn More ...
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What is Army Community Covenant ?

- A formal commitment of support by state and local communities to Soldiers and their Families – Active, Guard and Reserve
- Fosters and sustains effective state and community relationships to improve the quality of life for Soldiers and their Families
- Tailored to the local level, covenant signing ceremonies recognize the strength of Soldiers, their Families, and the support of the local community
- Facilitates sharing of community-based programs and services
- Assists communities, find ways to support, and for Soldiers and Families to find access to additional programs
- The Chiropractic Profession is the first health profession to sign an Army Community Covenant



“As the first health profession to sign an Army Community Covenant, doctors of chiropractic provide a leading example of how professional communities can actively support the readiness of our service members.

By reaching out to service members and their families, chiropractors provide them with the benefits of a caring and dedicated doctor and patient relationship.”

U.S. Army Brigadier General Rebecca S. Halstead, Retired

“ COCSA represents state chiropractic associations in all 50 states, making this a powerful professional partnership and covenant event that promises to bring greater opportunities for the chiropractic profession and the military to deepen and strengthen their joint efforts on behalf of our service members and their families.”

Congress of Chiropractic State Associations

Army Community Covenant



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We, The Congress of Chiropractic State Associations and our Members, are committed to providing quality healthcare for our heroes, the men and women in uniform, our veterans and their families.

We recognize the tremendous sacrifices and commitment of our Service Members, who proudly serve throughout this Nation and the World as guardians of freedom and the American way of life.

We recognize the tremendous sacrifices and commitment of the families, who although they wear no uniform, stand among the silent ranks and keep home for their soldiers.

We pledge by this Covenant, to work closely in every community we serve, across this great Nation, to honor the commitment of our proud service members, veterans and families.

We pledge to educate, support and provide resources available to us to maintain the health, well-being and readiness of our Armed Forces, Veterans and families.



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Healing Hands 4 Heroes Campaign

Goals ...

- Reach out to chiropractors in all 50 states through the State Chiropractic Associations
- A minimum of 2,500 chiropractors nationwide having completed one or more of the free online courses
- Inform chiropractors about the challenges faced by Service Members and their Families
- Offer additional opportunities to learn more about treating neuromusculoskeletal injuries related to Military life





Impact on Service Members

The three most common health issues reported by veterans:

1. Musculoskeletal
2. Mental Health
3. Symptoms, Signs and Ill-Defined Conditions

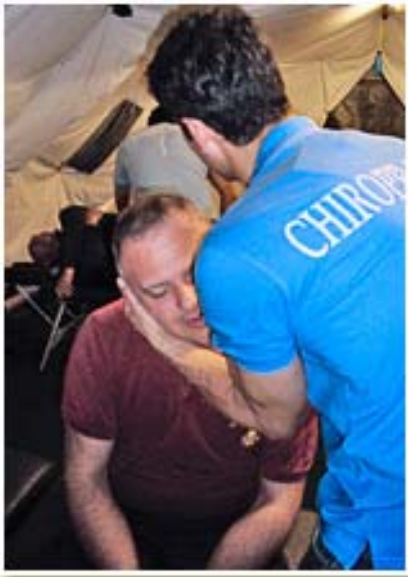


Source "Painting a Moving Train" ,Harold Kudler, M.D., Department of Veterans Affairs, and LCDR Erin Simmons, United States Navy, February, 2010





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Public Health Issue

- Many Service Members are not getting the care they deserve
- Demands for services outpace the capacity of the Military
- Most National Guard and Reservists do not live near a Military installation where a support structure is in place to provide assistance





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Impact on Service Members

Over 1 ½ million have served in Iraq & Afghanistan

- 75% experienced situations where they could be seriously injured or killed
- 62% know someone who was seriously injured or killed



Sources: *Alive Day Memories: Home from Iraq* HBO documentary, Office of Surgeon Gen'l Mental Health Advisory Team IV, Final Report, 2006





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Impact on Service Members

- 33% described an event that caused intense fear, helplessness or horror
- Greater percentage coming home with Traumatic Brain Injury (TBI), post traumatic stress, and depression
- 56% of Veterans who sought care from the VA reported possible behavioral health issues, including post-traumatic stress, depression, and Traumatic Brain injury (TBI)



Sources: *Alive Day Memories: Home from Iraq* HBO documentary, Office of Surgeon Gen'l Mental Health Advisory Team IV, Final Report, 2006





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Impact on Military Families

Military Family Members struggle with less visible psychological injuries, including increased stress, anxiety, and depression

- Extended separations, more responsibilities at home, and recurring deployments
- School age Military children at greater risk of anxiety, depression, and difficulty focusing at school





Impact on Military Families

- 36% of spouses polled reported a mental health diagnosis
- Hundreds of thousands of children have experienced deployment of a parent



Sources: *Who are Military Troops?* Quadrennial Quality of Life Review, January 2009; DoD Task Force Report on Mental Health, June 2007





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Impact on Illinois

Branch of Service	# Deployed
All Military Reserve Branches-Service Members	18,285
All Military Reserve Branches-Eligible Dependents	16,589
Army National Guard-Service Members	8,131
Army National Guard-Eligible Dependents	14,377
Army Reserve -Service Members	5,186
Army Reserve-Eligible Dependents	13,536
Active Duty-Service Members	10,400
Active Duty-Eligible Dependents	26,000
Total	112,504





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Online courses

Treating the Invisible Wounds of War Series

The courses will assist the chiropractor who may see a veteran or family member on an unrelated issue:

- Develop a better understanding of the culture in which veterans and their families live and work;
- Provide best practices for identifying, and assessing health disorders that result from the trauma of war.





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Benefits to Chiropractors

- Expand skills and enhance patient care
- Certificate of Completion
- Accredited CEUs
- 2 Free online courses
- Downloadable poster for office display.





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Online courses

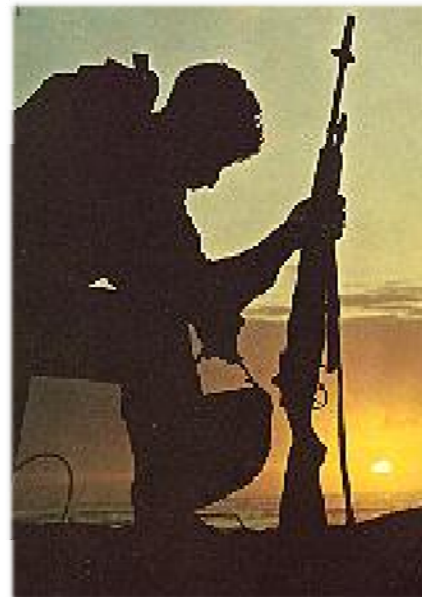
Courses have been accredited by Cleveland Chiropractic College.
There is no fee for receiving CEU credit from the College

Part 1 - Posttraumatic Stress Disorder & Traumatic Brain Injury

7 CEU/hour course for
Doctors of Chiropractic.

Cost: \$0.00

Length: 7 CEU Hours





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Part 2 - Issues of Women Returning from Combat

Online courses

3 CEU/hour course for
Doctors of Chiropractic.

Cost: \$0.00

Length: 3 CEU Hours



- 8% of our 1.8 million Veterans are women.
- 11% of all Service Members seeking assistance from the VA are women.
- Women are less likely than their male counterparts to report PTSD symptoms and non-dependent and dependent substance abuse.





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Online Course Codes

- Doctors in the Northern and Chicago Districts should use the “AOSnILCOCSA” course code.
- Doctors in the Southern and Central Districts should use the “AOSsILCOCSA” course code.
- Course completion certificates will be issued to Doctors taking either one or both of the courses.





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Contact Us

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